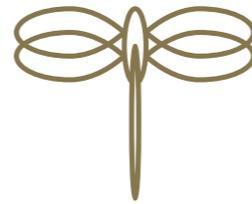


Spa | 
SE



The path of introspection
and renewal of your being.

GRAND VELAS LOS CABOS

This path is symbolized by the dragonfly, a creature of the wind that represents change. With its iridescent wings, sensitive to the breeze, it opens our consciousness; guiding us where the wind blows to welcome the changes in our life. The dragonfly has meanings of prosperity, love, success, victory, strength and courage. The lifestyle of the dragonfly symbolizes the virtue of living life in the moment and to the fullest.



WATER CEREMONY

An interlude of clarity and rebirth through water

Enhance each experience with the hydrotherapy ritual

Water is a source of life; it purifies, clarifies and revitalizes our being. It envelops us in warmth and freshness, and provides us with sensations ranging from caresses of drops to a powerful pressure massage. These are experiences that revitalize our body, mind and soul.

The Water Ceremony, or hydrotherapy, is a therapeutic process that treats the entire body with water at varying temperatures. It encompasses a hydrotherapy area with a co-ed section.

Water Ceremony

The Grand Velas Los Cabos Water Ceremony is composed of various water experiences:

- 1.** Sauna
- 2.** Steam with chromotherapy
- 3.** Ice room
- 4.** Sensory shower
- 5.** Polar pool and jacuzzi
- 6.** Thermal lounges
- 7.** Sensation pool with various circuits:
 - Cascades
 - Bubble bed
 - Multisensory jets
 - Bubble geyser
 - Warm pool

RELAXATION AREA

Before you begin your Spa treatment, our Spa valet will take you to a comfortable lounging area for a few minutes of relaxation with a soft, warm seed pillow on your neck.

GOURMET DETAILS

Enjoy various flavors of fruit-infused waters to refresh your palate during the Water Ceremony, as well as dried fruit and nuts.





CEREMONIES OF MEXICO

A fusion of flavors, aromas and the restorative touch of our healers

BLUE AGAVE CANDLE MASSAGE Signature

50 min / 80 min

Blue agave is the plant from which our tequila is made. Experience the warm sensation of organic wax, providing serenity of body and mind, and enjoy the excellent therapeutic, anti-inflammatory, restorative and moisturizing benefits of blue agave during a subtle, gentle-pressure massage. Select the aroma of your choice: Dream, Joy, Energy, Tension Relief or Agave.

BLUE AGAVE EXFOLIATION

25 min

Eliminates dead cells, revitalizes, softens and prepares the skin to receive the benefits of a deep hydration using certified organic blue agave extract.

TEQUILA CREAM MASSAGE Signature

80 min

Experience the flavor and aroma of Mexico during a unique energizing massage, bringing wellbeing to your body, and ending with a tequila cream tasting with subtle flavors to delight your palate. Select your favorite flavor: coffee, vanilla or chocolate.

ANCESTRAL STONE MASSAGE

50 min / 80 min

An ancient therapy that utilizes therapeutic minerals, highly prized by the Pre-Hispanic cultures of Mexico. The heat of the stones relieves the most fatigued and tense areas of the body, in addition to balancing the energy of the chakras.

XOCOLATL Gourmet

80 min

Embrace the indigenous spirit through a fusion of scents and flavors with anti-depressant and energetic effects. The treatment begins with a stimulating natural coffee exfoliation, followed by a chocolate body mask. Your face will also be pampered by a facial with chocolate mask, which improves your mood by releasing endorphins.





CEREMONIES OF LIGHT

Facials

The face is the mirror to the soul; discover your essence and your light.

ORGANIC BLUE AGAVE FACIAL Signature

50 min

Illuminates, revitalizes, smooths, calms, mattifies and hydrates the skin with certified organic blue agave extract, returning natural brightness. The benefits of nature and its 100% organic components provide perfect hydration and protection against the signs of aging and pollution.

SENSORIAL VITAMIN C FACIAL Gourmet

80 min

A treatment with a concentration of vitamin C, which provides the skin with elasticity and promotes cellular regeneration. Includes four important phases: cleansing, deep vitamin C treatment, citrus mask and rehydrating serum; leaving your skin renewed, luminous and deeply hydrated. The citrus essence helps to diminish dark spots, brighten the complexion and stimulate the production of active collagen, which renews tightness and elasticity.

OXYGENATING EXCEL FACIAL

50 min / 80 min

An exclusive formula with innovative high-technology actives that allow for the prolonged release of oxygen to the skin, using a solid hydrogel mask and a ritual that causes changes in temperature to tighten pores, fix imperfections and restore the natural functions of the epidermis.

PURE EXPERT PURIFYING FACIAL

80 min

A deep cleansing facial focused on detoxification, which includes efficient extraction. Ideal for oily or combination skin. A descaling clay mask is applied, leaving the skin with a matte finish. Refreshes, repairs and restores.

SKIN CARE FOR MEN

80 min

A treatment designed specifically for gentlemen, which aids in the elimination of toxins and strengthens the defenses against pollution, stress and free radicals. Combats dryness, the apparition of wrinkles and signs of premature aging, giving the cutis a fresh, smooth appearance. Complement this treatment with a Shi-Zen-Detox facial massage.

ANTI-AGING 3D LIFTING FACIAL Signature

80 min

A sophisticated cosmetic alternative to surgeries and micro-injections, which immediately impedes the formation of wrinkles and cutaneous signs of aging; a natural substitute for Botox and laser treatments. The treatment is an inhibitor of cutaneous facial contractions, using ingredients that provide the skin with volume, filling wrinkles from the inside out, in combination with an innovative frozen alginate mask which tones the skin.

VAGHEGGI KLOTHO FACIAL Signature

80 min

The final frontier in cosmetology; the perfect synergy of active ingredients that work with the genetic codes of nature itself. A facial inspired by the Greek goddess of destiny, Klotho. The dream arrives through the Vagheggi brand, as you discover the valuable active ingredients of the crystals of the pistacia lentis cus resin, which strengthen the synthesis of the Klotho protein. Returning youth and longevity to the skin has become a reality!





SAND, SUN AND SEA CEREMONIES

Body treatments

To connect with the earth, sky and water is the most transformative interlude

NONI EXFOLIATION

50 min

Discover rejuvenation, with the citrus aromas of the exotic noni fruit. This therapy begins with an exfoliation using milk, sugar and noni, which deeply cleanses the skin, and concludes with a regenerating and moisturizing noni cream.

CITRUS BODY WRAP

80 min

Renewing and rehydrating body treatment using vitamin C concentrate. Your skin will receive a smooth exfoliation with citrus aroma, purifying and cleansing it to absorb the nutrients of a mask. The treatment concludes with the application of C+C body cream, providing it with rejuvenating, antioxidant and firming powers.

AGAVE AFTER-SUN TREATMENT

50 min

The sacred blue agave plant is known for its great life-regenerating power. With its fresh, smooth texture, this treatment is recommended for skin damaged by the sun; provides deep hydration, prolongs bronzing and helps avoid peeling.

VAGHEGGI REDUCTIVE DIORITE TREATMENT Signature

80 min

Intensive treatment that activates the tissues. Addresses cutaneous aging; adipose tissue on the abdomen, thighs, legs and arms, cellulite and lack of toning. It is strengthened by the effects of an innovative diorite stone massage and extracts of the sundew carnivorous plant, providing immediate results.





CEREMONIES OF WELLBEING

Massages

An immersion in wellbeing, with the restorative touch of healing hands.

K-AHA-L AQUATIC EXPERIENCE

80 min

K-aha-l means water in the local cochimí language. This unique massage is guided by a therapist in the water. As you allow yourself to be carried in the water, the muscles relax, flexibility is improved, your mind lets go and your spirit flows in harmony with the energy of the universe. Recommended for chronic fatigue, insomnia, irritability, stress, migraines, mood swings and depression. Please wear a bathing suit during this treatment.

PERSONALIZED THERAPEUTIC MASSAGE

50 min / 80 min

Personalize your massage by selecting different techniques, movements and areas of the body according to your needs and preferences, such as: lymphatic drainage, reflexology, stretching and acupressure, to achieve total wellbeing. Your body artisan will help to apply the appropriate techniques for your needs.

AROMATHERAPY MASSAGE

50 min / 80 min

Aromatherapy is the art of restoring wellbeing to the body and mind using essential oils, which are used to balance each energetic center. The essences are absorbed rapidly through the skin or respiratory system, acting upon various systems.

INSANITY MASSAGE

50 min / 80 min

Extreme massage for athletes and players who desire a deep technique to help de-contract and release muscular tension in areas of tightness. The focus of this practice is improving circulation and the range of mobility of tendons, ligaments and muscles. Recommended for after your personal training.

HERBAL HEAD AND FOOT MASSAGE

50 min

Harmonizing therapy with warm herbal compresses that stimulate reflexive points on the head and feet, which correspond to nerve endings of vital organs (heart, eyes, lungs, etc.) Its activating action exerts a therapeutic effect on the body.

MATERNAL CARESS

50 min

An unforgettable experience that creates a sublime energetic connection with your baby. Relieves heaviness of the legs, hips and womb and increases the elasticity of the skin through the application of natural balms and essential oils. Perfect for future mothers during the 4th to 7th month of pregnancy.





GRAND VELAS CEREMONIES

Interludes that enliven our senses and create memories

RENOVATION RITUAL

200 min

Discover your inner light and beauty with a 3D lifting facial, before visiting our beauty salon for a relaxing Velas manicure and pedicure.

ORGANIC AGAVE RITUAL

130 min

A treatment with Pre-Hispanic roots that helps to purify and renew the skin with a blue agave exfoliation, which exerts an integral action on your immune system. Continue with an antioxidant mask followed by a relaxing Organic Blue Agave Facial.

CITRUS RITUAL

130 min

Begin with an aromatic citrus exfoliation. Feel the embrace of an orange mousse wrap that will leave your skin silky-smooth. Finish the journey with a highly hydrating and antioxidant facial (Wellness Suites).

SILK AND PEARL RITUAL

130 min

Pearls, rich in minerals, proteins and amino acids, carry the authentic essence of life. This white pearl treatment provides deep hydration and leaves luminous sparkles that will highlight your beauty. We also apply a black pearl mask to your face, to eliminate signs of fatigue with collagen action. The treatment is complemented by a silk mask for hands and feet, using warm paraffin.





YAAKUNAH CEREMONIES

Love ceremonies for two

A path of love and transformation; the preparation that awakens the magic of the union of two souls.

ROMANTIC MASSAGE FOR COUPLES

50 min / 80 min

A shared dream. The renewal of two souls, receiving the energetic transformation of the universe through an ancestral ritual of seeds and fire; balances and harmonizes the couple through a massage that connects them on a spiritual level.

YAAKUNAH RITUAL

80 min

Share a moment of magic with your partner as you enjoy an aroma-therapeutic massage and express facial.

MEETING OF TWO SOULS RITUAL

110 min

Aromatherapy massage in a suite with heated pool. The effect of the aromatherapy stimulates emotional and mental energy, helping to improve your connection as a couple. After the massage, enjoy 30 minutes of relaxation and privacy with mimosas and seasonal fruit.





WEDDINGS

THE UNION OF TWO SOULS ON THE PATH TO INFINITE LOVE



FOR HER

Thermae Ceremony for Brides Signature

130 min

A treatment that envelops you from head to toe. Provides a silky sensation that illuminates the skin and hair with all the properties of thermal waters. Includes exfoliation, mask for the head and body, and concludes with a facial.

FOR HIM

Grand Velas Barbershop Ceremony Signature

100 min

Facial treatment to trim or shave his beard, accompanied by a Luminous Blue Agave Facial, complemented by a relaxing head massage.



BRIDAL RITUALS

Makeup

Beautiful Bride Makeup

Beautiful Bride Makeup with preview

Hair

Beautiful Bride Hair

Beautiful Bride Hair with preview

Hair & Makeup

Beautiful Bride Hair & Makeup Ritual

Beautiful Bride Hair & Makeup Ritual with preview

SE GRAND VELAS CEREMONY

Signature

Design your own program for this important day, according to your needs, wishes and desires.





BARBER CARE STUDIO

Signature

Masculine beauty is unique – allow yourself to be pampered, your way!

ALPHA MALE CEREMONY

A classic shave with a straight razor that includes a facial treatment, haircut with scalp massage and the exclusive gourmet details of the Grand Velas Brand.

150 min





BEAUTY SALON

Beauty begins with care and attention given to our hands, feet and hair.

GRAND VELAS MANICURE

50 min

Your hands deserve a beautiful, natural appearance. Soften and hydrate them with an intensive treatment that begins with an exfoliation to eliminate dead cells and continues with a manicure and the application of a nourishing, comforting cream that will leave them truly beautiful (includes classic polish).

GRAND VELAS PEDICURE

60 min

A comforting experience that will revitalize and relax your feet. Begins with an exfoliation to remove dry skin, followed by a refreshing mask. Finishes with a complete pedicure (includes classic polish).

MANI & PEDI DELUXE

120 min

This exclusive treatment includes exfoliation, manicure, pedicure, relaxing hand and foot massage, paraffin treatment and application of polish.

HAIR TREATMENT

50 min

Beautiful skin looks even better with healthy hair. To begin the process, you will receive an analysis of your hair, followed by a soothing scalp massage and a hair mask to balance, hydrate and return softness and desired shine (product is applied according to your diagnosis).



HAIR CARE FOR WOMEN

- Shampoo and haircut
- Shampoo and blow-dry
- Shampoo and trim
- Elegant hairstyle
- Casual hairstyle
- Braids

MAKEUP

- Simple makeup
- Makeup for event (includes eyelashes)
- Eye makeup only

WAXING

- Full leg
- Half leg
- Bikini
- Bikini and legs
- Full arm
- Half arm
- Underarm
- Face
- Lip or eyebrow
- Chin or sideburns
- Back or chest



KIDS

The path of purity

The transformation starts at an early age, as we help our children become aware of their own being, their emotions and vitality, in a fun, safe environment. Children will discover new ways to celebrate the different seasons of the year, creating experiences that will aid in the process of integration and value of the self.

Aromatherapy Massage for Kids – 30 min

TEENS

The path to vitality

Adolescence is the most representative stage of the transformation of our children. Helping them manage stress, to value themselves and to discover their inner beauty is the beginning of a metamorphosis; it will help them develop their true colors and the security to fly into their own marvelous world. *

Personalized massage – 50 min

Does not include hydrotherapy.

SPA ATELIER

Signature

Unique in its concept, our Spa Atelier offers a range of workshops to help you open your consciousness and knowledge of the Wellness world. Enjoy interesting courses on skincare, nutrition and aromatherapy; preparation of fruit-infused waters and tea rituals; workshops for children, couples and women, and mandala workshops, among many other options that provide you with a deeper dimension of wellbeing.



WELCOME TO SE SPA

HOURS

The Spa is open from 8:00 a.m. to 8:00 p.m., 7 days a week. We recommend scheduling in advance, as appointments are subject to availability.

SPA RESERVATIONS

For reservations, please call extensions 7401 or 7402, or send an email to reservacionesspalc@velasresorts.com.

WELCOME

We ask that you kindly arrive 80 minutes before your appointment if you would like to enjoy the Water Ceremony, or at least 20 minutes early to allow you time to change and complete the medical forms.

WATER CEREMONY

The hydrothermal ritual is complimentary with the purchase of massages, facials and body rituals; not included with Beauty Salon services. Price for use is \$70 USD per day. The hydrothermal area is co-ed, with separate dressing areas for your comfort.

LATE ARRIVALS

Arriving late for your appointment will result in reduced time for your treatment, and may mean that it cannot be carried out as scheduled.

SPA ETIQUETTE:

- To maintain the harmony of the Spa, we ask that you kindly turn off your phone.
- For your privacy and comfort, please wear a bathing suit for the hydrotherapy ritual.
- The best way to enjoy your experience to the fullest is to arrive on time.
- Minimum age for using the facilities is 16.
- Food, beverages and alcoholic beverages are not permitted in the facilities.
- For your safety, we reserve the right to deny admission to anyone under the influence of alcohol or drugs.
- Please leave your jewelry and valuables in the safe located in your suite. The Spa is not responsible for items that are lost or forgotten within the facilities.

Important: You will be provided with a medical form to complete. Please inform us of specific health conditions, pregnancy or conditions such as allergies, high blood pressure or asthma. Information about gift certificates, tips and payments can be found in the Spa Reception.

PAYMENT OPTIONS

- Cash
- Credit cards: VISA, Mastercard and American Express
- Credit opened in resort reception upon arrival, to charge to your suite (recommended).

CANCELLATION POLICY

- Failure to arrive for your scheduled appointment results in a 100% charge for the scheduled service.
- If the appointment is cancelled less than 6 hours before the scheduled time, a 50% charge for the service applies.
- If you wish to reschedule or cancel your appointment without penalty, we recommend doing so at least 8 hours before the scheduled time.

GIFT CERTIFICATES

What better gift than a memorable experience at SE Spa? Select their favorite treatment or a product from the boutique.

HOURS

SE Spa - Open daily from 8:00 a.m. to 8:00 p.m.

Gym - Open daily from 6:00 a.m. to 9:00 p.m.

TREATMENTS IN SUITE

To enjoy a treatment in the comfort of your suite, 24-hour advance reservation is required. Available from 10:00 a.m. to 7:00 p.m. (available from August to November only).



GRAND VELAS · CASA VELAS · VELAS VALLARTA

velasresorts.com