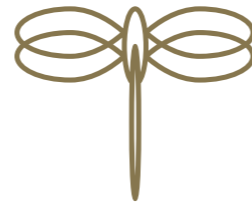


Spa | 
SE



The path to introspection
and self-renewal.

GRAND VELAS LOS CABOS

This path is symbolized by the dragonfly, a creature of the wind that represents change. With its iridescent wings, sensitive to the breeze, it opens our consciousness; guiding us where the wind blows to welcome the changes in our life. The dragonfly has meanings of prosperity, love, success, victory, strength and courage. The lifestyle of the dragonfly symbolizes the virtue of living life in the moment and to the fullest.





WATER CEREMONY

An interlude of clarity and rebirth through water

Enhance each experience with the hydrotherapy ritual

Water is a source of life; it purifies, clarifies and revitalizes our being. It envelops us in warmth and freshness, and provides us with sensations ranging from caresses of drops to a powerful pressure massage. These are experiences that revitalize our body, mind, and soul.

The Water Ceremony, or hydrotherapy, is a therapeutic process that treats the entire body with water at varying temperatures. It encompasses a hydrotherapy area with a co-ed section.

Water Ceremony

The Grand Velas Los Cabos Water Ceremony is composed of various water experiences:

- 1.** Sauna
- 2.** Steam with chromotherapy
- 3.** Ice room
- 4.** Sensory shower
- 5.** Polar pool and jacuzzi
- 6.** Thermal lounges
- 7.** Sensation pool with various circuits:
 - Cascades
 - Bubble bed
 - Multisensory jets
 - Bubble geyser
 - Warm pool



RELAXATION AREA

Before you begin your Spa treatment, our Spa valet will take you to a comfortable lounging area for a few minutes of relaxation with a soft, warm seed pillow on your neck.

GOURMET DETAILS

Enjoy gourmet details.





CEREMONIES OF MEXICO

A fusion of flavors, aromas and the restorative touch of our healers

VELA MASSAGE SE

60 min / 90 min

Experience the warm sensation of organic wax, providing serenity of body and mind, and enjoy the excellent therapeutic, anti-inflammatory, restorative, and moisturizing benefits during a subtle, gentle-pressure massage.

BODY EXFOLIATION SE

60 min

Eliminates dead cells, revitalizes, softens and prepares the skin to receive the benefits of a deep hydration.

TEQUILA MASSAGE SE

90 min

Experience the flavor and aroma of Mexico through a unique energizing and decontracting massage that includes stretching with rebozos, providing wellness to your body and ending with an application of tequila to relax the muscles.



ANCESTRAL STONE MASSAGE SE

90 min

An ancient therapy that utilizes therapeutic minerals, highly prized by the Pre-Hispanic cultures of Mexico. The heat of the stones relieves the most fatigued and tense areas of the body, in addition to balancing the energy of the chakras.

XOCOLATL BODY WRAP SE

90 min

Capture the indigenous soul with a fusion of scents and flavors with an anti-depressant and energizing effect. Start with a chocolate body mask, followed by stimulating facial veil exfoliation that will moisturize your face.

HEALING SAMUNPRAI MASSAGE SE

90 min

Integral treatment that fuses relaxation and detoxification of body and soul. Take a moment to heal your body with this exclusive treatment based on hot herbal compresses, enjoy a relaxing massage that decongests your respiratory system providing muscle relaxation, ending with an aromatic herbal massage on your face.

*This service can also be given by four hands.





CEREMONIES OF LIGHT

Facials

The face is the mirror to the soul; discover your essence and your light

ORGANIC FACIAL SE

60 min

Illuminates, revitalizes, smooths, calms, mattifies and hydrates the skin, returning natural brightness. The benefits of nature and its 100% organic components provide perfect hydration and protection against the signs of aging and pollution.

SENSORIAL VITAMIN C FACIAL SE

90 min

A treatment with a high concentration of vitamin C that provides elasticity to the skin and promotes cellular regeneration. It includes four important phases: cleansing, deep vitamin C treatment, citrus mask, and rehydrating serum, which will leave your skin renewed, luminous and deeply hydrated. The citrus essence helps to fade blemishes, brighten the complexion, and stimulate the production of active collagen that renews firmness and elasticity.

OXYGENATING EXCEL FACIAL SE

90 min

An exclusive formula with innovative high-technology actives that allow for the prolonged release of oxygen to the skin, using a solid hydrogel mask and a ritual that causes changes in temperature to tighten pores, fix imperfections and restore the natural functions of the epidermis.



PURE EXPERT PURIFYING FACIAL

90 min

A deep cleansing facial focused on detoxification, which includes efficient extraction. Ideal for oily or combination skin. A descaling clay mask is applied, leaving the skin with a matte finish. Refreshes, repairs and restores.

SKIN CARE FOR MEN SE

90 min

A treatment designed specifically for gentlemen, which aids in the elimination of toxins and strengthens the defenses against pollution, stress and free radicals. Combats dryness, the apparition of wrinkles and signs of premature aging, giving the cutis a fresh, smooth appearance. Complement this treatment with a Shi-Zen-Detox facial massage.

THE CURE FACIAL

90 min

A meticulous deep cleansing facial using enzymatic thermoactive detoxification. Includes an efficient extraction technique with glycolic acid. This detoxifying cure concludes with a veil of hydration and maximum protection that will illuminate your face and give it a smooth, fresh appearance.



ANTI-AGING DIAMOND EXPERIENCE

90 min

A true multi-sensorial experience with amazing rejuvenating effects from a combination of efficient active ingredients that unite the best techniques for obtaining immediate, long-lasting firming effects. You will receive a remolding of the facial oval and impressive reduction of expression lines. Your skin's texture will improve as it recovers its hydration, liberating you from any signs of fatigue.







SAND, SUN, AND SEA CEREMONIES

Body treatments

To connect with the earth, sky, and water is the most transformative interlude

CITRUS BODY WRAP SE

90 min

Renewing and rehydrating body treatment using vitamin C concentrate. Your skin will receive a smooth exfoliation with citrus aroma, purifying and cleansing it to absorb the nutrients of a mask. The treatment concludes with the application of C+C body cream, providing it with rejuvenating, antioxidant and firming powers.

AFTER-SUN TREATMENT SE

60 min

With its fresh, smooth texture, this treatment is recommended for skin damaged by the sun. It provides deep hydration, prolongs bronzing, and helps avoid peeling.





CEREMONIES OF WELLBEING

Massages

An immersion in wellbeing, with the restorative touch of healing hands

PERSONALIZED THERAPEUTIC SE

60 min / 90 min

Personalize your massage by selecting different techniques, movements and areas of the body according to your needs and preferences, such as: lymphatic drainage, reflexology, stretching and acupressure, to achieve total wellbeing. Your body artisan will help to apply the appropriate techniques tailored to your needs.

AROMATHERAPY SE

60 min / 90 min

Aromatherapy is the art of restoring wellbeing to the body and mind using essential oils, which are used to balance each energetic center. The essences are absorbed rapidly through the skin or respiratory system, acting upon various systems.

SPORT SE

60 min / 90 min

Extreme massage for sportsmen and athletes looking to decontract and release muscular and release muscle tension in areas of increased tension. The focus of this modality is to improve circulation and range of motion of tendons, ligaments, and muscles. It is recommended after your personalized training session.

HERBAL HEAD AND FOOT SE

90 min

Harmonizing therapy with warm herbal compresses that stimulate reflexive points on the head and feet, which correspond to nerve endings of vital organs (heart, eyes, lungs, etc.) Its activating action exerts a therapeutic effect on the body.



MATERNAL CARESS SE

60 min / 90 min

An unforgettable experience that achieves a sublime and energetic connection with your baby. Relieves heaviness of the legs, hips and womb and increases skin elasticity through the application of a collagen cream. Perfect for future mothers during the 4th to 7th month of pregnancy. The 80-minute treatment includes a refreshing facial.

DEEP TISSUE MASSAGE SE

60 min / 90 min

Powerful decontracting massage with specialized techniques where punctual manipulations are focused on areas of tension.







GRAND VELAS CEREMONIES

Interludes that enliven our senses and create memories

RENOVATION RITUAL

200 min

Discover your inner light and beauty with a 3D lifting facial, followed by a visit to our beauty salon for a relaxing Velas manicure and pedicure.

ORGANIC RITUAL

130 min

A treatment with Pre-Hispanic roots that purifies and renews the skin with an exfoliation, which exerts an integral action on your immune system. Continue with an antioxidant mask followed by a relaxing Organic Facial.

CITRUS RITUAL

130 min

Begin with an aromatic citrus exfoliation. Feel the embrace of an orange mousse wrap that will leave your skin silky-smooth. Finish the journey with a highly hydrating and antioxidant facial.

DAY SPA Sensitize your senses

300 min

SE Spa integrates unforgettable experiences combining different body and facial treatments and beauty salon services. The benefits are enriching due to the diverse techniques and assets that make them up and the sensations that will remain in your memory.







YAAKUNAH CEREMONIES

Love ceremonies for two

A path of love and transformation; the preparation that awakens the magic of the union of two souls

YAAKUNAH RITUAL

90 min

Share a magical moment with your partner and enjoy together an aromatherapy massage and a refreshing facial.

MEETING OF TWO SOULS RITUAL

120 min

Full moon massage in a suite with private heated pool. The effect of aromatherapy stimulates emotional and mental energy, fostering a deeper connection as a couple. After the massage, enjoy 30 minutes of relaxation and privacy in a special suite with gourmet details.







WEDDINGS

THE UNION OF TWO SOULS ON THE PATH TO INFINITE LOVE



FOR HER

220 min

BRIDE RITUAL

- Makeup
- Hairstyle
- Manicure
- Pedicure

FOR HIM

120 min

GROOM RITUAL

- Refreshing Facial
- Capillary massage
- Hand and foot treatment







BEAUTY SALON

Beauty begins with care and attention given to our hands, feet, and hair.

GRAND VELAS MANICURE

50 min

Your hands deserve a beautiful, natural appearance. Soften and hydrate them with an intensive treatment that begins with an exfoliation to eliminate dead cells and continues with a manicure and the application of a nourishing, comforting cream that will leave them truly beautiful (includes classic polish).

GRAND VELAS PEDICURE

60 min

A comforting experience that will revitalize and relax your feet. It starts with an exfoliation to remove dry skin, followed by a refreshing mask. The experience concludes with a complete pedicure (includes classic polish).

MANI & PEDI DELUXE

110 min

This exclusive treatment includes exfoliation, manicure, pedicure, relaxing hand and foot massage, paraffin treatment, and the application of polish.

HAIR TREATMENT

50 min

Beautiful skin looks even better with healthy hair. To begin the process, you will receive an analysis of your hair, followed by a soothing scalp massage and a hair mask to balance, hydrate and return softness and desired shine (product is applied according to your diagnosis).





BEAUTY SALON

- SE Cambio de esmalte
- SE Cambio de esmalte en gel

HAIR CARE FOR WOMEN

- Shampoo and haircut
- Shampoo and blow-dry
- Elegant hairstyle
- Hairstyle
- Braids SE - Half Head
- Braids SE - Full Head
- French braid SE

MAKEUP

- Makeup
- Eye makeup only





MASSAGE ADD-ONS

30 min

- Face acupressure
- Back massage
- Scalp massage
- Refreshing facial
- Tired feet massage



SPA ATELIER

Signature

Unique in its concept, our Spa Atelier offers a range of workshops to help you open your consciousness and knowledge of the Wellness world. Enjoy interesting courses on skincare, natural exfoliants and aromatherapy; and mandala workshops, among many other options that provide you with a deeper dimension of wellbeing.





SE SPA GUIDE

What are the service hours?

The Spa is open from 9:00 a.m. to 7:00 p.m., 7 days a week. We recommend scheduling in advance, as appointments are subject to availability.

Where can I make my Spa reservations?

For reservations, please call extensions 7401 or 7402, send an email to: reservacionesspalc@velasresorts.com or you can go directly to your Concierge.

What if I have a health issue?

For your therapist's knowledge all guests must fill out a medical questionnaire prior to treatment.

Where should I leave my jewelry and valuables?

These items should be kept in the safe in your suite. The Spa is not responsible for lost jewelry or valuables. If you forget to remove your jewelry, we recommend storing it in the locker assigned to you during your visit to the Spa.

How early should I arrive for my treatments?

We ask that you kindly arrive 80 minutes before your appointment if you would like to enjoy the Water Ceremony, or at least 20 minutes early to allow you time to change and complete the medical forms.

What if I am late for my appointment?

By arriving late, you are limiting the time available for your treatment, meaning we cannot guarantee the enjoyment of the complete experience.

Are there any particular suggestions I should consider?

We recommend wearing a bathing suit and sandals in the hydrotherapy areas.



Which rules should I follow?

To enjoy the Spa experience, please avoid: smoking, entering with food, arriving for a treatment under the influence of alcohol or drugs, walking barefoot, or using a cellular phone. Entrance to the Spa is limited to guests age 16 and older.

How should I pay for my Spa services?

If you are a guest of the resort and have registered a credit card with the reception desk, you may charge your treatments to your suite account or pay directly at the Spa. We accept the following credit cards: VISA, Mastercard, and American Express.

What is the cancellation policy?

If the appointment is canceled less than 6 hours before the scheduled time, a 50% charge for the service applies. If you do not attend your appointment, 100% charge for the service applies. If you wish to reschedule or cancel your appointment without penalty, we recommend doing so at least 8 hours before the scheduled time.

Do you have gift certificates?

Yes! What better gift than a memorable experience at SE Spa? Select your favorite treatment or a product from the boutique.





GRAND VELAS · CASA VELAS · VELAS VALLARTA · MAR DEL CABO

velasresorts.com

23 / 03 / 2024

