





# The path to introspection and self-renewal.

#### **GRAND VELAS LOS CABOS**

This path is symbolized by the dragonfly, a creature of the wind that represents change. With its iridescent wings, sensitive to the breeze, it opens our consciousness; guiding us where the wind blows to welcome the changes in our life. The dragonfly has meanings of prosperity, love, success, victory, strength and courage. The lifestyle of the dragonfly symbolizes the virtue of living life in the moment and to the fullest.





### WATER CEREMONY

An interlude of clarity and rebirth through water

Enhance each experience with the hydrotherapy ritual

Water is a source of life; it purifies, clarifies and revitalizes our being. It envelops us in warmth and freshness, and provides us with sensations ranging from caresses of drops to a powerful pressure massage. These are experiences that revitalize our body, mind, and soul.

The Water Ceremony, or hydrotherapy, is a therapeutic process that treats the entire body with water at varying temperatures. It encompasses a hydrotherapy area with a co-ed section.

# **Water Ceremony**

The Grand Velas Los Cabos Water Ceremony is composed of various water experiences:

- 1. Sauna
- 2. Steam with chromotherapy
- **3.** Ice room
- **4.** Sensory shower
- **5.** Polar pool and jacuzzi
- **6.** Thermal lounges

- **7.** Sensation pool with various circuits:
  - Cascades
  - Bubble bed
  - Multisensory jets
  - Bubble geyser
  - Warm pool

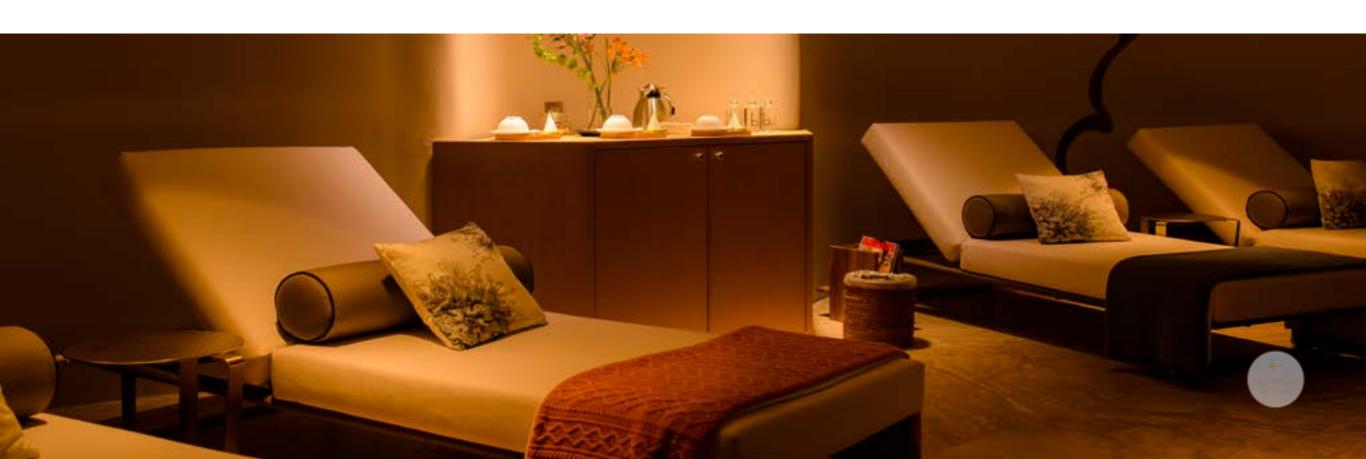


# **RELAXATION AREA**

Before you begin your Spa treatment, our Spa valet will take you to a comfortable loung area for a few minutes of relaxation with a soft, warm seed pillow on your neck.

# **GOURMET DETAILS**

Enjoy gourmet details.





### **CEREMONIES OF MEXICO**

A fusion of flavors, aromas and the restorative touch of our healers

# **CANDLE MASSAGE** Signature

60 min / 90 min

Experience the warm sensation of organic wax, providing serenity of body and mind, and enjoy the excellent therapeutic, anti-inflammatory, restorative, and moisturizing benefits during a subtle, gentle-pressure massage.

#### **BODY EXFOLIATION**

60 min

Eliminates dead cells, revitalizes, softens and prepares the skin to receive the benefits of a deep hydration.

# **TEQUILA MASSAGE** Signature

90 min

Experience the flavor and aroma of Mexico through a unique energizing and decontracting massage that includes stretching with rebozos, providing wellness to your body and ending with an application of tequila to relax the muscles.



### **ANCESTRAL STONE MASSAGE**

90 min

An ancient therapy that utilizes therapeutic minerals, highly prized by the Pre-Hispanic cultures of Mexico. The heat of the stones relieves the most fatigued and tense areas of the body, in addition to balancing the energy of the chakras.

### **XOCOLATL BODY WRAP** Gourmet

90 min

Capture the indigenous soul with a fusion of scents and flavors with an anti-depressant and energizing effect. Start with a chocolate body mask, followed by stimulating facial veil exfoliation that will moisturize your face.

### **HEALING SAMUNPRAI MASSAGE**

90 min

Integral treatment that fuses relaxation and detoxification of body and soul. Take a moment to heal your body with this exclusive treatment based on hot herbal compresses, enjoy a relaxing massage that decongests your respiratory system providing muscle relaxation, ending with an aromatic herbal massage on your face.

\*This service can also be given by four hands.





### **CEREMONIES OF LIGHT**

Facials

The face is the mirror to the soul; discover your essence and your light

ORGANIC FACIAL 60 min

Illuminates, revitalizes, smooths, calms, mattifies and hydrates the skin, returning natural brightness. The benefits of nature and its 100% organic components provide perfect hydration and protection against the signs of aging and pollution.

#### **SENSORIAL VITAMIN C FACIAL** Gourmet

90 min

A treatment with a high concentration of vitamin C that provides elasticity to the skin and promotes cellular regeneration. It includes four important phases: cleansing, deep vitamin C treatment, citrus mask, and rehydrating serum, which will leave your skin renewed, luminous and deeply hydrated. The citrus essence helps to fade blemishes, brighten the complexion, and stimulate the production of active collagen that renews firmness and elasticity.

### **OXYGENATING EXCEL FACIAL**

90 min

An exclusive formula with innovative high-technology actives that allow for the prolonged release of oxygen to the skin, using a solid hydrogel mask and a ritual that causes changes in temperature to tighten pores, fix imperfections and restore the natural functions of the epidermis.



# **PURE EXPERT PURIFYING FACIAL**

90 min

A deep cleansing facial focused on detoxification, which includes efficient extraction. Ideal for oily or combination skin. A descaling clay mask is applied, leaving the skin with a matte finish. Refreshes, repairs and restores.

SKIN CARE FOR MEN 90 min

A treatment designed specifically for gentlemen, which aids in the elimination of toxins and strengthens the defenses against pollution, stress and free radicals. Combats dryness, the apparition of wrinkles and signs of premature aging, giving the cutis a fresh, smooth appearance. Complement this treatment with a Shi-Zen-Detox facial massage.

THE CURE FACIAL 90 min

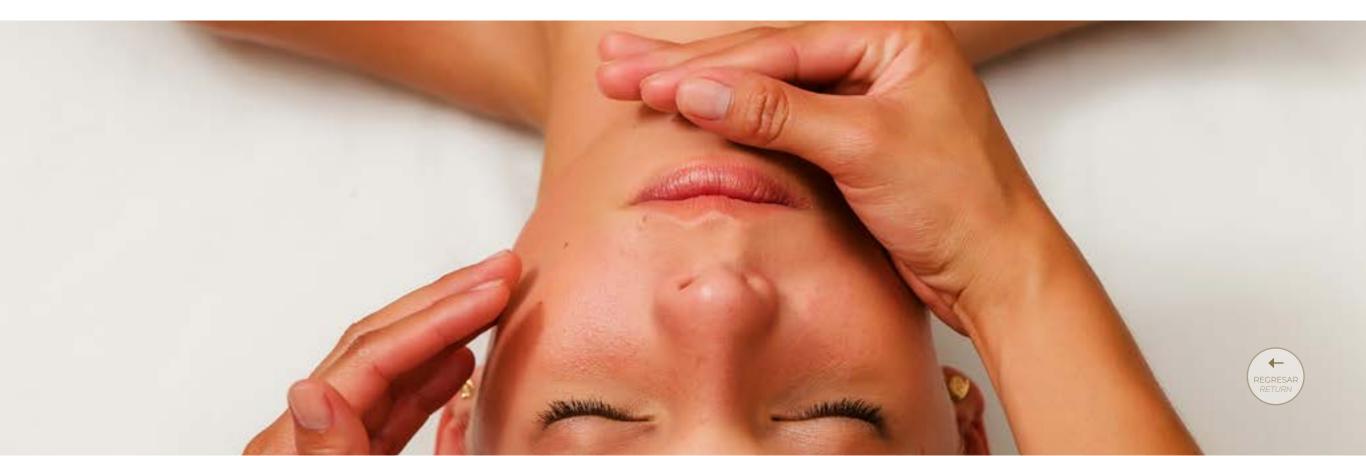
A meticulous deep cleansing facial using enzymatic thermoactive detoxification. Includes an efficient extraction technique with glycolic acid. This detoxifying cure concludes with a veil of hydration and maximum protection that will illuminate your face and give it a smooth, fresh appearance.



# **ANTI-AGING DIAMOND EXPERIENCE**

90 min

A true multi-sensorial experience with amazing rejuvenating effects from a combination of efficient active ingredients that unite the best techniques for obtaining immediate, long-lasting firming effects. You will receive a remolding of the facial oval and impressive reduction of expression lines. Your skin's texture will improve as it recovers its hydration, liberating you from any signs of fatigue.







# SAND, SUN, AND SEA CEREMONIES

Body treatments

To connect with the earth, sky, and water is the most transformative interlude

### **CITRUS BODY WRAP**

90 min

Renewing and rehydrating body treatment using vitamin C concentrate. Your skin will receive a smooth exfoliation with citrus aroma, purifying and cleansing it to absorb the nutrients of a mask. The treatment concludes with the application of C+C body cream, providing it with rejuvenating, antioxidant and firming powers.

#### **AFTER-SUN TREATMENT**

60 min

With its fresh, smooth texture, this treatment is recommended for skin damaged by the sun. It provides deep hydration, prolongs bronzing, and helps avoid peeling.





### **CEREMONIES OF WELLBEING**

Massages

An immersion in wellbeing, with the restorative touch of healing hands

#### PERSONALIZED THERAPEUTIC MASSAGE

60 min / 90 min

Personalize your massage by selecting different techniques, movements and areas of the body according to your needs and preferences, such as: lymphatic drainage, reflexology, stretching and acupressure, to achieve total wellbeing. Your body artisan will help to apply the appropriate techniques tailored to your needs.

### **AROMATHERAPY MASSAGE**

60 min / 90 min

Aromatherapy is the art of restoring wellbeing to the body and mind using essential oils, which are used to balance each energetic center. The essences are absorbed rapidly through the skin or respiratory system, acting upon various systems.

# SPORT MASSAGE

60 min / 90 min

Extreme massage for sportsmen and athletes looking to decontract and release muscular and release muscle tension in areas of increased tension. The focus of this modality is to improve circulation and range of motion of tendons, ligaments, and muscles. It is recommended after your personalized training session.

# **DEEP TISSUE MASSAGE**

60 min / 90 min

Powerful decontracting massage with specialized techniques where punctual manipulations are focused on areas of tension.



### HERBAL HEAD AND FOOT MASSAGE

60 min

Harmonizing therapy with warm herbal compresses that stimulate reflexive points on the head and feet, which correspond to nerve endings of vital organs (heart, eyes, lungs, etc.) Its activating action exerts a therapeutic effect on the body.

# MATERNAL CARESS 60 min / 90 min

An unforgettable experience that achieves a sublime and energetic connection with your baby. Relieves heavyness of the legs, hips and womb and increases skin elasticity through the application of a collagen cream. Perfect for future mothers during the 4<sup>th</sup> to 7<sup>th</sup> month of pregnancy. The 80-minute treatment includes a refreshing facial.







### **GRAND VELAS CEREMONIES**

Interludes that enliven our senses and create memories

#### **RENOVATION RITUAL**

200 min

Discover your inner light and beauty with a 3D lifting facial, followed by a visit to our beauty salon for a relaxing Velas manicure and pedicure.

ORGANIC RITUAL

130 min

A treatment with Pre-Hispanic roots that purifies and renews the skin with an exfoliation, which exerts an integral action on your immune system. Continue with an antioxidant mask followed by a relaxing Organic Facial.

**CITRUS RITUAL** 

130 min

Begin with an aromatic citrus exfoliation. Feel the embrace of an orange mousse wrap that will leave your skin silky-smooth. Finish the journey with a highly hydrating and antioxidant facial.

# **DAY SPA** Sensitize your senses

300 min

SE Spa integrates unforgettable experiences combining different body and facial treatments and beauty salon services. The benefits are enriching due to the diverse techniques and assets that make them up and the sensations that will remain in your memory.







# **YAAKUNAH CEREMONIES**

Love ceremonies for two

A path of love and transformation; the preparation that awakens the magic of the union of two souls

### YAAKUNAH RITUAL

90 min

Share a magical moment with your partner and enjoy together an aromatherapy massage and a refreshing facial.

### **MEETING OF TWO SOULS RITUAL**

120 min

Full moon massage in a suite with private heated pool. The effect of aromatherapy stimulates emotional and mental energy, fostering a deeper connection as a couple. After the massage, enjoy 30 minutes of relaxation and privacy in a special suite with gourmet details.



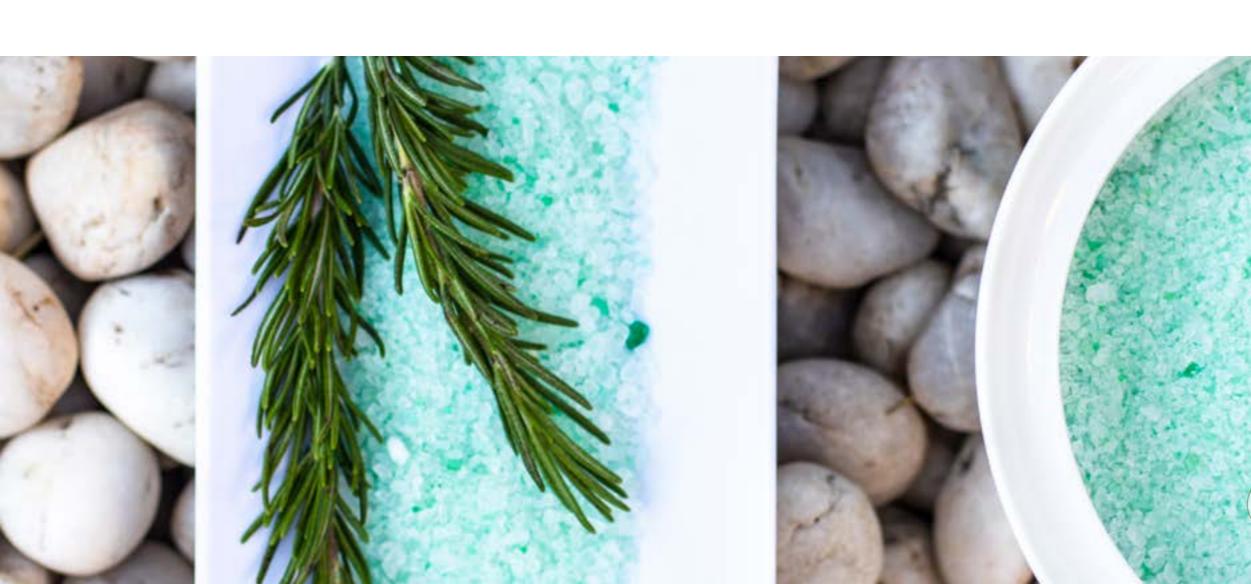


# **MASSAGE ADD-ONS**

30 min

- Face acupressure

- Back massageScalp massageRefreshing facialTired feet massage







# **WEDDINGS**

# THE UNION OF TWO SOULS ON THE PATH TO INFINITE LOVE $\infty$

### **FOR HER**

220 min

# **BRIDE RITUAL**

- Makeup
- Hairstyle
- Manicure
- Pedicure

### **FOR HIM**

120 min

# **GROOM RITUAL**

- Refreshing Facial
- Capillary massage
- · Hand and foot treatment







### **BEAUTY SALON**

Beauty begins with care and attention given to our hands, feet, and hair.

### **GRAND VELAS MANICURE**

50 min

Your hands deserve a beautiful, natural appearance. Soften and hydrate them with an intensive treatment that begins with an exfoliation to eliminate dead cells and continues with a manicure and the application of a nourishing, comforting cream that will leave them truly beautiful (includes classic polish).

### **GRAND VELAS PEDICURE**

60 min

A comforting experience that will revitalize and relax your feet. It starts with an exfoliation to remove dry skin, followed by a refreshing mask. The experience concludes with a complete pedicure (includes classic polish).

### MANI & PEDI DELUXE

110 min

This exclusive treatment includes exfoliation, manicure, pedicure, relaxing hand and foot massage, paraffin treatmet, and the application of polish.

# HAIR TREATMENT

50 min

Beautiful skin looks even better with healthy hair. To begin the process, you will receive an analysis of your hair, followed by a soothing scalp massage and a hair mask to balance, hydrate and return softness and desired shine (product is applied according to your diagnosis).





# HAIR CARE FOR WOMEN

- Shampoo and haircut
  Shampoo and blow-dry
  Elegant hairstyle
  Hairstyle
  Braids

- · French braid
- Half head braidsFull head braids

# **MAKEUP**

- MakeupEye makeup only



# **SPA ATELIER**

# Signature

Unique in its concept, our Spa Atelier offers a range of workshops to help you open your consciousness and knowledge of the Wellness world. Enjoy interesting courses on skincare, natural exfoliants and aromatherapy; and mandala workshops, among many other options that provide you with a deeper dimension of wellbeing.







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v e l a s r e s o r t s . c o m

